



2025 ANNUAL MEETING

July 19, 2025

8 AM Breakfast Potluck • 8:30 AM Meeting

West Cumberland United Methodist Church
5 Upper Methodist Rd., Cumberland

Message From Jan Lavallee

LAKE ASSOCIATION PRESIDENT

Dear Forest Lake Association Members and Friends,

As another beautiful Maine summer approaches, we are reminded of just how fortunate we are to live on and around Forest Lake. Our lake is more than just a scenic retreat—it's a shared natural treasure that thrives because of our collective care and stewardship. This year, we will continue to focus on water quality monitoring through our dedicated volunteers. Their work helps us track the health of the lake and spot early signs of environmental stress. We also encourage everyone to learn about the LakeSmart program, which offers free shoreline evaluations and guidance on how to landscape in ways that reduce runoff and protect water quality.

Maintaining our lake quality has remained a priority for the Association. Whether you're enjoying kayaking, birdwatching, or simply relaxing by the water, we all play a role in keeping Forest Lake pristine. Simple actions—like minimizing fertilizer use, planting native vegetation near the shoreline, and maintaining septic systems—can have a big impact on reducing runoff and protecting water quality. As interest in lakefront living grows, let's continue working together to balance development with conservation and ensure our lake remains a clean, vibrant resource for generations to come.

Looking ahead, we invite you to join us at our upcoming Forest Lake annual meeting in July. This yearly gathering is a great way to stay informed, share ideas, and meet neighbors who care just as deeply about the lake as you do. Thank you for your continued support—and here's to another season of responsible, rewarding lake living.

Warmly,

Jan Lavallee

Forest Lake Board of Trustees

OFFICERS

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Donald Hughes [Alt]

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Antonio Rocha [Alt]

THANK YOU NEWSLETTER CONTRIBUTORS

Contributors: Janene Gorham, Bill Hastings, Connor Hughes, Heidi Joy, Hilarie Fötter Kennedy, Jan Lavallee, Ted Ney

Editors: Debbie Hastings, Heidi Joy, Cathy Whorf

RAFFLE TICKETS

CHANCE TO WIN JUST FOR ATTENDING!

Everyone that attends the annual meeting on July 19th will receive a raffle ticket to put toward winning donated goods and services. Additional tickets can be purchased at the meeting.

DONATE A PRIZE!

Gift certificates, hand crafted items, services, ornaments, anything is accepted!

Email: president@forestlakeme.org

ANNUAL MEETING GUEST SPEAKER

Jennifer Pictou

The land and waters known as Maine have been home to Wabanaki People for over 12,000 years. To the Wabanaki, water is interconnected with life. Without water, there is no life. It needs to be cared for, much like a member of the family. The lake we enjoy, the water we drink, the water we receive when it rains - all are connected - there is no end and no start. It is a cycle that never ends.

Jennifer Rae Pictou is a member of the Mi'kmaq Nation (formerly the Aroostook Band of Micmac). She is a professional storyteller, artist, and historian as well as owner of a nationally renowned tour company, Bar Harbor Ghost Tours. She holds a Bachelors of Fine Arts, a Bachelor of Arts in Anthropology, and A Masters Degree in American and New England Studies. Jennifer describes her art style as a mix of traditional Mi'kmaq forms with an Art Deco flair. Jennifer is also a founding member of a tribal group rediscovering and practicing the art of Mi'kmaq porcupine quillwork, and lead curator of the Mi'kmaq Quillwork exhibit *Stitching Ourselves Together* at the Abbe Museum. As a Mi'kmaw artist, she draws inspiration from the rich cultural tapestry of her ancestors' resistance and survival, infusing her work with elements of tradition and history.

Jennifer will join us to share her knowledge about native, traditional beliefs about stewardship and taking care of the land; the importance of water in traditional Wabanaki culture, and our history here at Forest Lake.

**COUNTER
CLOCKWISE**

Please remember that the boat traffic pattern on Forest Lake is COUNTER CLOCKWISE. This is especially important for boaters pulling skiers, boarders, and tubers.

Invasive Plant Patrol

ARTICLE BY CONNOR HUGHES

With another year of boating and water recreation coming up, we need to make sure that people understand the importance of keeping our lake clear of invasive plants. We found no invasives last year, and we are hoping to continue that streak throughout the coming months. If you are interested in becoming a plant patroller, or just want to know more about it, there will be more information at the annual meeting.

Water Quality Report

BY JANENE GORHAM

Paula Curcio, Greg Schultz and I were able to get 6 readings this year. Ted Ney kindly offered his boat and taxi service from my dock to the deep spot on the lake.

Historically we have been very blessed to have stable oxygen and Secchi disc readings since lake testing was initiated more than 20 years ago.

Average depth of Forest Lake is 12 feet, with the deepest area approximately 40 feet. Testing is done consistently in deepest area.

Secchi readings measure how far down a black and white disc can be seen when lowered into water. Our 2024 readings were stable as expected with Secchi disc readings 3.7 to 5 meters (12.02 to 16.25 feet). This is an average to above average reading compared to other lakes of Maine.

DO (Dissolved Oxygen) is measured by lowering a transducer probe into the water, one meter at a time. This is relayed to a small computer which translates levels. Oxygen levels vary based on the conditions of the water and water temperatures when readings are done. Oxygen levels on Forest Lake have historically fallen at 5 to 6 meters depending on water temperature.

A water phosphorus level of 4 was taken from the deep spot on August 13, which is considered low (good).

**WANT TO LEARN MORE?**LakeStewardsOfMaine.org

An Airport in our Own Lake Backyard

BY BILL HASTINGS

You may not know that Forest Lake is and has been a registered seaplane base for many years with two runways: 09/27 running west to east from the Beach, 4/22 running northeast from the Beach, and 14/32 running south to north from roughly the entrance to the Cove. The numbers are short for the compass direction that the plane faces. For example, Runway 32 is used when the plane faces Northwest at a heading of 320 degrees (vice versa on the other end when facing 140 degrees).

Our most recent chart - www.airnav.com/airport/ME28 - reflects the airport's current status. Even though there are no current seaplanes based at Forest Lake, there were times in the past when we had two planes based here.

Larry Lare reports: "I had two planes at my house for years (near the southwest beach) for my good friends – Charlie Gillespie and one other associate. Charlie's plane was initially in the Cove."



Above: A Beaver DeHavilland Plane based at Forest Lake around 1970. Harold Jones lived in Falmouth and was a Pilot for Maine Forest Service. He kept the plane tied up here. It was a water bomber!!

Larry's dock had a DeHavilland Beaver, a vintage – some say famous – seaplane that still sees service throughout Alaska and Maine. Another plane based here was a Cessna 150, a commonly used plane in Maine.

Forest Lake also sees semi-frequent visits and "touch and goes" (where a plane visits, touches down in accordance with the runway chart, then takes off again heading to the next lake). Last year we had a touch and go visit from a Super Petrel, state of the art sea-biplane that landed here and then headed to New Hampshire.

Our seaplane base is not without its unusual challenges. Pilots must navigate three tall communications towers, which are mapped out on the Seaplane chart. This is no small task, as we know the towers are world-class tall and, in one case, immediately north of the departure end of Runway 14-32. Consider a low cloud day and a seaplane touch and go – not for the faint of heart.

There are annual "conventions" where seaplanes gather and share new ideas and the latest seaplane scuttlebutt (sounds like a good name for a bar: Seaplane Scuttlebutt). Our "convention" here in Maine is at Greenville on Moosehead Lake. One could easily base a seaplane here at Forest Lake and go for an early dinner at the Moosehead convention, then make it back to Forest Lake all in one day. I'm sure it's been done. Let's hope we have a new plane or two base here in the future – like the loons, that just seems part of being in Maine.



Above: Some including the author, consider a seaplane purchase periodically, like this Super Petrel, state-of-the-art biplane spotted on Forest Lake in September 2021.

Below: A common seaplane used in Maine - a Cessna 150 - touching down on Forest Lake in August 2023.



GOOD TO KNOW YA! Getting To Know Scott Campbell President, Lakeside Drive HOA

INTERVIEW & ARTICLE BY HEIDI JOY

How did you come to live on the lake and how long have you lived here?

I graduated college in 1998 in Michigan, and came back home to Maine to work at DeLorme mapping in Yarmouth. After spending a year renting in Yarmouth, I quickly realized I was wasting my money and for the same monthly amount, could own my own home. When I started house hunting, I knew I wanted to be near water, but I didn't want to be anywhere near 302. I actually came to look at the place for sale across from me right on the lake, but it needed a lot of work, and at the time I thought it was overpriced. My realtor stated that she was also listing the house on the other side of the road, and asked if I wanted to see it. I took a quick look, and loved the brook and privacy in the area. I made an offer, and now 26 years later, I'm still here! Before I came to look at houses here, I had never heard of Forest Lake. I was born in Greenville, and moved to Freeport for high school. Who knew such an awesome place was so close to me all that time?!?!

What do you love most about our lake?

I love and appreciate how peaceful it is, and not overcrowded. Being a private lake makes such a huge difference compared to other public lakes and ponds. The fishing, boating, canoeing, floating, and swimming is great! In fact, we spend just as much time on the lake in the winter as we do in the summer. Over the years, I have come to know many of the residents around the lake. When Adam, Dan, and I put our ice shacks out, we think it's great having so many neighbors and friends stop to visit with us, and even have a bite to eat. We really rough it with our wood stoves and Blackstone griddles in the shacks! Then, in the summer, it is such a wonderful thing to be able to go out and just go out on the float and enjoy the sunshine.

Tell us about how you became President of the Lakeside Drive road association?

I drew the short straw! OK, no actually, my very good friend Eric had taken on the responsibility for many, many years, and I didn't think it was fair to him to have to carry the burden alone. I realized it was time for me to step up and share the responsibility. I won't lie, it is a lot of work, and can often be a very thankless job. But I'm proud of

what we continue to accomplish with our limited funds. Until you are actually seeing quotes for road work, bills, and proposals, you don't realize how expensive it is to maintain over 1 mile of road. It is all volunteer work. The meetings with the town, county, EPA, code enforcement, and other agencies involved to maintain a road on a lake can be truly exhausting. And the complaints..yah, those do get old too. But the job is still worth doing. It is so important to maintain our incorporated status as a road association. This allows us to collect dues, apply for grants, and get assistance from the town when we need it, often in the form of them advising, or providing grant funding.

What do you like to do in your spare time?

In my spare time, you'll see me floating in the summer time with my pal Dan. He often drags me away from my work on sunny Friday afternoons (OK, maybe it's the other way around...). You'll also see me canoeing and floating with my great friends and neighbors. When I'm not taking advantage of the free and simple pleasures of Forest Lake, I also enjoy camping in the Rangeley area, as well as the Kancamagus Highway. Additionally, my work takes me to Boston and NYC quite a bit. Quite the opposite from our country living, I love exploring those cities. But after only a few days there, I'm always ready to come back home.

[continue reading >](#)



GETTING TO KNOW SCOTT CAMPBELL - Continued

Can you think of any event or experience on the lake that is most memorable for you?

When I first moved here, we had 3 float planes on the lake. I couldn't believe how great that was. And let's see, yes, last summer, my awesome friends/neighbors Cole and Carly and I took off in the canoe on a beautiful sunny morning with our coffee. Carly tried to tell us it was getting windy. Cole and I forged ahead. Well, never seen waves and wind that high in all my years here! We made it to the islands and they blocked the wind, then we barely made it to shore in the cove, pulled the canoe out, hauled it up to Forest Ave, and had Carly's mom come pick us up. Yah, wouldn't trade it for anything!

Is there an interesting fact about you that most people don't know?

In addition to a computer science degree, I also have a degree in youth ministries working with children. In 1995 I took a year off from college with a buddy to be a missionary, teaching in the Marshall Islands. I was next to the island of Kwajalein (Google it for a World War II history lesson). It's about halfway between Hawaii and Australia. Even there, I was enjoying the water. It is where I got my PADI diving certification, as well as my first time water skiing on the ocean.

Any words of wisdom you care to share with your fellow Lake dwellers?

Let's see, yes...try to get along with everyone. Do unto others as you'd have them do to you. Some of our lots and camps/houses are close to each other. Boundaries can be blurred. But we all made a choice to live here. We all wanted to have that camp experience, every day of our lives. What I've found that being so close to my neighbors, they have actually turned into my family over the years. We all help each other, no matter what. I dare you to find a neighborhood that cares about each other as much as this one. There are so many great people here. If you have been shy, or not been adventurous in introducing yourself to your neighbors, I encourage you to break out of the shell and just go say "hi". My lake family has been there for me through thick and thin. It's a rare thing. It's the way it should be. So in closing, I can't wait to get the float out and see everyone passing by, or tie up to the float and chat. And if I don't see you this summer, come out to the shacks next winter and we'll have some warm chili!!!

Mailboxes on Goose Pond Road

ADAPTED FROM THE LAKESIDE DRIVE HOA NEWSLETTER

Mailboxes for some of our Windham community are located on Goose Pond Road in Cumberland, not Windham. Those mailboxes serve the following roads: Atlantic Drive, Bruschi Road, Cyprus Hill Drive, Forest Avenue, Glendale Road, Harrison Road, James Way, and Lakeside Drive. Due to the complexity of that mail location, the postmaster for Windham reached out to Scott Campbell (President, Lakeside Drive HOA) for help in figuring out how to replace those mailboxes. The postal service is aware of the numerous package thefts and destruction of mailboxes. The postal service has stated that they will be funding new mailboxes to replace all of the existing mailboxes at that location. In addition, extra boxes will be added for growth. The new boxes will be locking, with keys provided to each homeowner. Parcel boxes will be available, accessible with the keys. A concrete pad will be poured to secure the base of the boxes. Lastly, the mailbox location will move either directly across the road from where it is now, or right near where it is now. Once the new boxes are installed, the postal service will notify homeowners to acquire keys, and when mail will be delivered to the new boxes. At that point, if any resident desires to keep their current mailbox, it will be up to them reach out to the post office. Note that the road association(s) nor the Forest Lake Association have any authority, or decision-making on any matter regarding mailboxes. For any questions or concerns regarding mailboxes, you can call the Windham post office at (207) 892-4742.

**Remember to use headway speed
within 200 ft. of the shoreline.**



THANKS TO HEIDI AND BOB JOY FOR
PUTTING IN THE BUOYS.

Bylaw Changes

SUBMITTED BY TED NEY

The Board of Trustees is recommending the following changes to the Bylaws to keep the association current. These will be voted on at the annual meeting in July.

Proposed Changes: red=deletion; blue=addition

Article Three - Membership

Membership shall be open to all persons interested in the purposes of the association. The dues shall be set in accordance with Article Ten herein; however, those on a fixed income may pay such an amount for their dues as they can afford and shall be considered full members. ~~A voting member is defined as a member of record whose dues and assessments are currently paid on or before the annual meeting.~~

Article Seven - Meetings

An annual meeting shall be held within the month of July at a time and place selected by the president with the advice of the trustees. All residents of the lake, according to current tax listings, shall be notified by mail at least fifteen (15) days in advance of the annual meeting.

The board of trustees shall meet at least ~~five (5)~~ four(4) times annually in September, November, February, ~~April~~, and ~~June May~~, and at such other times as the president or any three (3) trustees may decide. All members of the board of trustees shall be notified in advance of any such meetings. At least two of these meetings shall be open to the ~~public~~ all FLA association members. Electronic notice by email and social media shall inform residents of said public meetings at least fifteen (15) days in advance.

Special meetings may be called by the president or by the petition of any ten (10) members. Advance notice of at least seven (7) days shall be given to the members.

~~A voting member is defined as a member of record whose dues and assessments are currently paid on or before the annual meeting. (moved to Article 3)~~

Meetings of the Board of Trustees or the membership may be conducted virtually, and votes may be cast by electronic means provided proper notice is given and quorum is met.

Minutes from the Annual Meeting, Board of Trustees Meetings and any Special Meetings shall be reviewed and approved at the next regular or special meeting of the Board of Trustees or membership.

Article Nine - Committees

The ~~Standing~~ Committees ~~shall~~ may be as follows, if required:

Nominating and Annual Meeting: Which is tasked to conduct an annual membership drive each spring, secure arrangements for the annual meeting, including speakers, and function as to article five of these by-laws. They shall meet at least prior to the ~~April and June~~ May board meetings and as its chairperson deems needed otherwise. This committee shall be required to report its activities at the noted board meetings and to the Newsletter Committee Chairperson.

Special Projects: Which is tasked to research, develop, implement, coordinate, and conduct board/member approved special projects within budget limits established by the board. Water Quality monitoring shall be a required project. They shall meet as their chairperson deems necessary but must report at each meeting of the board as well as keeping the Newsletter Committee Chairperson informed of activities.

Newsletter: Which is responsible to develop, draft, edit, and release ~~two at least one~~ newsletters for ~~mailing distribution~~ to all residents, one during the spring and one during the fall at least 15 days prior to the annual meeting. The newsletter shall include official notice of the annual meeting per Article 7.

Civic Affairs: Which is tasked to keep abreast of legislative, regulatory, zoning, and other such issues as may impact the quality of life on the lake; to represent the interests of the lake residents and the board to local and other entities as needed and to keep the board and Newsletter Committee informed of all activities. The committee shall be comprised of two members of the Board of Trustees, three (3) association members representing the community at large, and up to two (2) additional alternate members.

Article Ten - Dues

The general membership shall ~~set the dues for the coming year at each vote on any changes to dues structure for the coming year, based on recommendations of Board of Trustees, at the annual meeting.~~

Special assessments may be levied by majority vote at any annual or special meeting of the membership.

Article Thirteen - Dissolution

In the event of the dissolution of this association, its assets shall be given to another ~~501(C)3~~ association whose purposes are similar.



Membership Application

If you'd like to support the Forest Lake Association's goals of quality, safety, and community, you can start by becoming a member of the Forest Lake Association. FLA Membership is only \$25/year and runs from July 1 - June 30. Membership is for the entire household/residence.

JOIN USING A CREDIT CARD ON OUR WEBSITE

www.forestlakeme.org/join

If you would rather mail a check, use the application below.

NAME(S): _____

MAILING ADDRESS: _____

CITY/STATE/ZIP: _____

PHONE NUMBER: _____ EMAIL ADDRESS: _____

LAKE ADDRESS (if different than mailing address): _____

- ☐ My check for \$25 made out to "Forest Lake Association" is enclosed.
- ☐ I am interested in being contacted regarding special projects.
- ☐ I am interested in being considered for the Board of Trustees (3-year position). I understand that new board members are elected at the annual meeting.

MAIL TO:
FOREST LAKE ASSOCIATION
PO BOX 793 • GRAY, ME 04039

Road Association Contacts

Road Association Name	President & Contact
Lakeside Drive, Windham Home Owners Association	Scott Campbell, President - scott@campbellkin.com
Forest Lake Shore Road Association (Gray)	Rob Tellefsen - Rtellefsen6@gmail.com
Larrabee Lane Road Association (Gray)	Kirk Jurgelevich & Ed Keenan - EKeenan@maine.rr.com
Harrison Rd & Forest Ave Road Association (Windham)	Richard Norton, President - hrrfroadassociation@gmail.com
Lakewood Park Road Association (Cottage Rd, Gray)	Joseph Curcio, President - Jacurcio@netscape.net
James Way Road Association (Windham)	Michael Manning - Jamesbruschiatlanticroads@gmail.com
Old Road Association (Cumberland/Gray)	Neil Hutchings - neilhutch9@gmail.com



We can always use a hand!

The Forest Lake Association is always in need of volunteers in any capacity. Help keep our lake a safe, clean, and happy place to live.

Email: president@forestlakeme.org

Who To Call

FOR EMERGENCIES, ALWAYS DIAL 911

Maine Warden: 207-657-2345 or 207-657-3030

Windham Police: 207-892-2525

Gray/NG Sheriff: 207-926-4141

Cumberland Police: 207-829-6391

Animal Control Officer: 207-893-2810

Avian Haven: 207-382-6761

Forest Lake Association: admin@forestlakeme.org



Visit Us Online



@forestlakeme



www.ForestLakeME.org



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