

## Tammy Hodgman

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**From:** Hansen, Jodie <JHansen@sweetser.org>  
**Sent:** Monday, February 16, 2026 10:13 AM  
**To:** Tammy Hodgman  
**Cc:** Cashman, Mason  
**Subject:** With Gratitude from Sweetser

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Dear Tammy,

On behalf of everyone at Sweetser, I want to extend our sincere appreciation for your town's generosity and continued support. Your contribution directly strengthens mental health and wellness services for individuals and families across Maine and in your community. We are truly grateful for your commitment to our shared mission.

As a token of our thanks, we would like to offer your employees – and, if helpful, your broader community – the opportunity to participate in **Mental Health First Aid (MHFA)** training at no cost.

MHFA provides practical skills for recognizing and responding to signs of mental health or substance use challenges. It's a powerful way to build stronger, healthier, and more resilient communities.

To coordinate training or learn more about what is available, please contact Mason Cashman, Sweetser's MHFA Coordinator, who would be happy to assist you:

### **Mason Cashman**

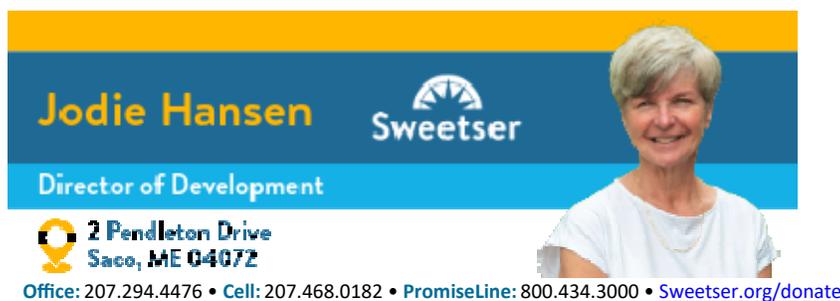
Mental Health First Aid Coordinator

Email: [mcashman@sweetser.org](mailto:mcashman@sweetser.org)

Phone: (207) 701-7304

Thank you again for your partnership and for the work you do every day to support your community. We look forward to continuing to serve alongside you.

Warm regards,  
Jodie Hansen



**Jodie Hansen** Sweetser  
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