

Section 4 South Windham to Westbrook 4.8 miles



sappi

Trail Details

The Seabago to the Sea Trail is both a Paddling Route and a Pedestrian Route in this section. The Pedestrian Route is open for foot traffic while the railbed remains inactive. The first 1.5 miles from South Windham is a flat, easy walking path on an undeveloped railbed. The remaining 3.5 miles, to Bridge Street in Westbrook, is on railroad tracks; please be aware of its rugged conditions. Motorized vehicles other than snowmobiles are prohibited. The Paddling Route on the Presumpscot River is scenic and the water is calm.

This section of the Seabago to the Sea Trail connects to the Downtown Westbrook Connector Loop.

Directions

To access the Pedestrian Route, travel north on Route 202 just past the Mountain Division Trail and park at the South Windham Post Office located on your right. Section 4 begins across the street from the paved Mountain Division Trail.

The Paddling Route put-in is on Canal Street near the Mallison Street bridge. Park in the Sappi parking area. Carry boat to put-in.

Paddle 4.8 miles to a small take-out located at Lincoln Street Ice Rink in Westbrook. Important: paddlers must take out before the dam. Paddle at your own risk.

Trail Managers City of Westbrook (Pedestrian Route, Paddle Take-out)
Presumpscot Regional Land Trust (Paddling Route)

Town of Windham (Paddle Put-in)
Sappi (Paddle Put-in)

Pedestrian Route Owner

Maine Department of Transportation

Allowed Uses



Paddle Route Access Owners

Sappi (Put-in) and City of Westbrook (Take-out)

